Start conversations with your fellow students as a Well Peer. Peer mentors make other students feel comfortable; they listen when students discuss their personal challenges. Peers offer solutions, helping students access campus resources and connecting them to over 27 other peer programs.

Being a peer helps you get ahead too. You can build confidence, develop leadership skills, network with multiple campus offices and peer educators, gain experience with campus programming, counseling and administrative tasks, and learn about all of UCR’s wellness related resources.

Speak your mind to a Well Peer. They’re always ready to chat. To talk with a peer, come by the WELL (HUB 248) or contact Deepak Sharma, Peer Coordinator, at deepak.sharma@ucr.edu or 951-827-5501. Recruiting takes place in the spring for the following academic year.